

*Flight: A Living, Breathing Document of  
Consciousness*

Volume 15 Issue 152

April 2026



*Articles that inform and inspire!*

## Letter from the Editor



I enjoy a good fire festival as much as the next guy. Beltane is one of those wonderful fire festivals that happen in various locations around the globe. Oddly enough, it is one that I have never had opportunity to attend. I am hoping that one day the opportunity will present itself to me.

I want to thank the contributors to this newsletter. Your hard work, creative thought processes and, of course, your submissions make this monthly newsletter far more interesting.

If this is your first time reading this and you would like to receive a free subscription, email me your request to [deerhorn007@gmail.com](mailto:deerhorn007@gmail.com) and I will make it so.

**Also, to view my keynote presentation for Questers of Canada, copy this link and put it into your search bar:**

[https://youtu.be/O7-XUcfiz\\_I](https://youtu.be/O7-XUcfiz_I)

***\*Please note that opinions and views in articles in FLIGHT are not necessarily shared by the editor, Trent Deerhorn, or Deerhorn Shamanic Services.***

*Enjoy reading!*

# Upcoming Events

## From Llewellyn's Witches' Spell-A-Day Almanac

### Full Moons of 2026

**Date:** April 1<sup>st</sup>, 2026

**Time:** 10:12pm

**Color of the day:** White

**Incense of the day:** Lilac

**April Fools' Day – All Fools' Day- Passover begins at sundown.**

### Spell for Fun and Whimsy

Use this magic charm to encourage fun and invite a spirit of whimsy and joy into your life. This spell will lighten hearts and create more opportunities for good times and happy feelings. Take a bottle of bubbles outside under the moonlight. Open the bottle and take out the bubble wand. Hold the wand up to the sky and position it so that you see the full moon within the ring of the bubble blower. Dip the wand into the bubble solution, then gaze again at the moon, this time through the sheen of the soap film. Say to the moon:

***Hello, moon! Please come and play!***

***Let's laugh and shine from night to day!***

Then imagine something silly that makes you smile and blow gently on the wand to send a bubble toward the moon. Continue blowing bubbles for as long as you like, thinking of something that brings you joy or laughter with each stream of bubbles you send into the night.

**-Melanie Marquis**

## Ceremonies with the Shaman

Join Shaman, Trent Deerhorn of Deerhorn Shamanic Services for a special ceremony once a month, hosted by Ki'smet Co, Saskatoon 16-2220

Northridge Drive. These seasonal and moon-based ceremonies will be centered around going deep and making much needed changes

within. Experience the true magic of Shamanic Healing Ceremonies.

Participants will be required to bring a pillow, blanket and a cushion or stool upon which to sit.

Ceremony will begin promptly at 7:30 pm and the doors will be locked at that time. Please come between 7 and 7:15 so you can have time to settle in.

NOTE: If you arrive after 7:30, DO NOT KNOCK TO GAIN ACCESS. This will only disturb the ceremony that is already underway. Please just join us next month and arrive earlier.

Price: \$20/ceremony **Cash only, no debit or e-transfers**

\* If you are not feeling well, please do NOT attend the circle. We like to keep people healthy, not allow germs to spread everywhere.

\*It is essential that you pre-register attendance for each circle with Kiernan. Space is limited and there is a maximum of 10 people per circle. If you are pre-registered and need to cancel, please do so 24 hours ahead so the space can go to someone else on the waiting list.

\*Once the ceremony begins, participants will refrain from chit chat as that only serves to distract from the energy of the ceremony. These ceremonies are geared toward adults, so it is important to have childcare in place to attend.

To access dates of the ceremonies, contact Kiernan Garvie at Ki'smet Co at (306) 880-3433 or visit the website at <https://www.saskatoonheavenlyreiki.com> or <https://deerhornshamanic.com>



## Upcoming Dates:

**April 18<sup>th</sup>, 2026: Waxing Crescent Moon Celebration** *Rhythm Instruments Welcome!*

**May 2nd, 2026: Full Moon Ceremony. Rhythm Instruments Welcome.**

**June 20th, 2026: Summer Solstice Celebration. Rhythm Instruments Welcome.**

## Ritual Drum Circles

Hosted by Sherry Crawford of **Prairie Girl Therapies**

Presented by Trent Deerhorn of **Deerhorn Shamanic Services**

Take a break in your day to experience the rhythm and magic of a Ritual Drum Circle!

When: **Tuesdays at 2:00pm**

**April 7<sup>th</sup>, 2026: Waning Gibbous Moon Ritual**

**May 5<sup>th</sup>, 2026: Waning Gibbous Moon Ritual/ Independence**

**June 2nd, 2026: Waning Gibbous Moon/Enter the Light**

Where: Prairie Girl Therapies 502a 20<sup>th</sup> Street West, Saskatoon, Sk.

Space is limited, **so register early with Sherry to reserve your spot. (306) 914-4968.**

Price: \$20.00/person. **Cash only.**

Bring your own rhythm instrument if you have one. If you don't have one, don't worry, there will also be extras that are available for use.



## Fire Cauldron Readings Day!

Beltane is an ancient festival celebrating fertility and life. It is a festival during which there are fires lit and dancing that happens around those fires. In honor of this, I am offering FIRE CAULDRON readings. Questions will be placed into the cauldron, and the cauldron will be lit. The flames will deliver whatever answers come up.

**Date: April 25, 2026**

**10:00-4:00**

Each reading will be approximately 20 minutes, depending upon the duration of the flame.

**Price: \$100.00 (Cash, Visa, Debit, Amex, MasterCard)**

To book your time, please contact Trent Deerhorn of Deerhorn Shamanic Services at [deerhorn007@gmail.com](mailto:deerhorn007@gmail.com) or (306) 978-5300





## TOON TOWN'S PAGAN SUMMER FEST

Friday June 19 to Sunday June 21 2026

The **TWENTY FOURTH YEAR** of festive fun!

A community and connectivity focused spiritual retreat not far from the city of Saskatoon.

All-inclusive three day, two night camp-out festival, to celebrate the summer solstice.  
Included in the ticket prices are rituals, meals, camping fees (non electrical), crafting, guest speakers, drum circles, circle dancing, and MORE!

### Tickets on sale starting May 1

Early bird ticket prices - May - \$125 per adult, \$75 per child (ages 2-12)

**May 1-7** Previous Fest attendees (If you have attended two or more in person festivals).

**May 8-May 31** General Public tickets are on sale

Regular Tickets - June - \$150 per adult, \$100 per child

Regular Ticket prices go into effect from June 1-13 or until sold out, spaces are limited so please get your registration in early!

Registrations closed to all after June 13.

We do not offer a day only rate.

You can find us on DISCORD and Facebook!

Discord <https://discord.com/invite/GEGcKMYm6B>

Email [toontownspagansummerfest@gmail.com](mailto:toontownspagansummerfest@gmail.com)

Website <https://tptsfest.wixsite.com/toontownspaganfest>

There is a merchant's row Sunday June 21 from 11-2 if you want to be a vendor please contact us for details!



Join Ave live online at  
<https://cosmosastrumradio.ca/>  
**Tuesdays 9:00pm Sask.  
time.**

One hour featuring artists that are currently calling Saskatchewan home, with a diverse mix of singers, song writers, and story tellers.

If you'd love to hear your own music or spoken word played on this unique genre free broadcast contact me at [averiddler@sasktel.net](mailto:averiddler@sasktel.net)

## From Over 100 Inspirational Quotes by Alan Chazen

Spend a little time each day, visualising how you would like your life to be in its ideal state.

# From Hex and Shadow Chronicles

Morgan le Fay is one of the most misunderstood women in Arthurian legend.

In early Celtic traditions and later medieval romances, Morgan (or Morgana) is not merely a villainess scheming against King Arthur. She is a healer, a shapeshifter, a priestess of Avalon, the liminal isle where the veil between worlds thins.

In some versions, she is Arthur's half-sister. In others, his rival. In the earliest tellings, she studies healing and magic in convent or courtly settings, mastering arts that make kings uneasy. As the myths evolve particularly in later French romances, she becomes darker, more dangerous, more seductive.

Notice the pattern.

When a woman holds knowledge outside male control, the story often shifts to frame her as threat.

Morgan is associated with Avalon, the Isle of Apples a place of enchantment, otherworldly wisdom, and feminine initiation. After Arthur is mortally wounded at Camlann, it is Morgan who carries him across the waters to Avalon. Not to destroy him but to tend him.

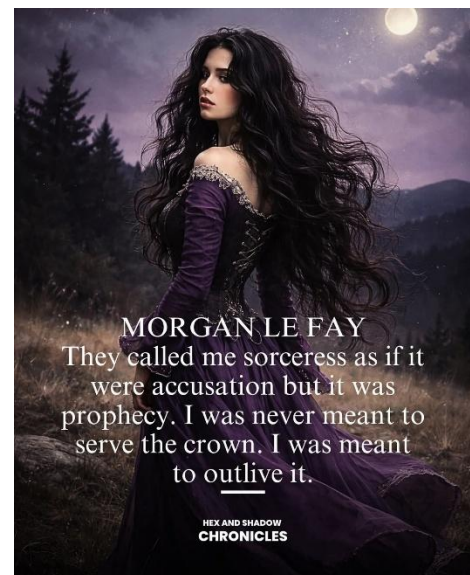
She moves between roles: healer and enchantress, sister and adversary, priestess and exile.

Morgan represents the archetype of the initiated woman, the one who has crossed into forbidden knowledge. She understands herbs, prophecy, glamour, illusion. She does not beg for legitimacy. She creates her own.

And like many dark feminine figures, her demonization grows in proportion to her autonomy.

Morgan le Fay teaches us when you step outside the narrative written for you, you will be renamed. Witch. Temptress. Manipulator. Threat.

But names given in fear do not erase power.



She is not chaos for chaos' sake. She is correction. She is consequence. She is the reminder that magic in the hands of a woman is rarely forgiven but always remembered.

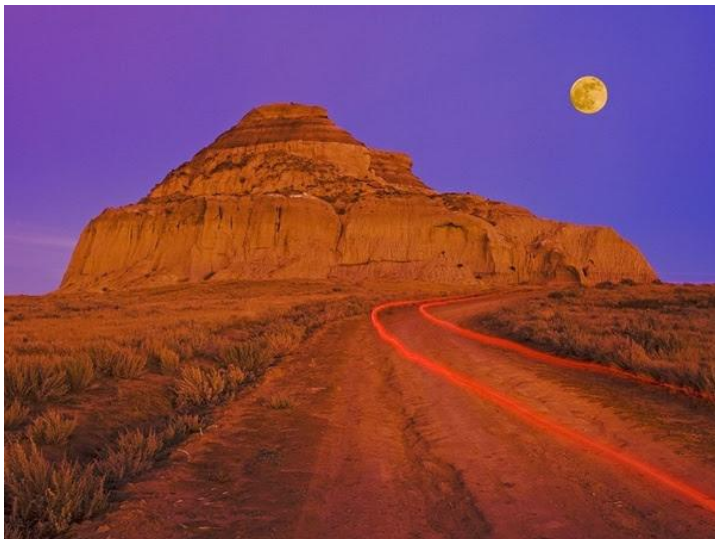
And in the end, it is not Arthur's sword that feels eternal.

It is Morgan's island.



## This is Canada

**Canada is the second largest country in the world. Canada is incredibly diverse and often looks nothing like people imagine it.**



**This isn't Arizona. It's Canada. (Big Muddy Valley, Saskatchewan)**



## Rock Talk

### Prophecy Stone

Believed to contain traces of iron there is much discussion about the origins on this mineral, some suspect it may *not* be fully made up of earthly minerals. It is a very heavy and dense concretion with a metallic sheen, dark grey to black with some oxidation on the surfaces. For lack of a better term, it is very lumpy

and bumpy, with rounded masses, looking slightly melted. Prophecy stone is very grounding, yet has a strong connection to the crown chakra, so that the energy coming into the crown can be filtered through the body, down into the soles of the feet. Grounding that light higher vibration energy from the crown, even further than the soles of the feet connecting with the earth energy, effectively bridging sky and ground. Drawing the high vibration energy from above can help one to realize transcendence can be found here on earth. Most meditations have one start with the earth, the soles of the feet, moving up towards the crown, this reversal can help one to connect their spiritual selves to their physical. If one feels out of touch with their bodies after working on higher energetic realms meditating with the prophecy stone can ease that disconnect.

This mineral can be used to facilitate vision quests, and shamanic journeys.

Prophecy stone may help one to “see” visions of possible future events. This aspect can only be achieved with focused and consistent work, and one must be aware that any aspect of visions of future events can very quickly and easily change. When starting work with prophecy stone for this purpose it may at the beginning be fragmented, and difficult to figure out time frame. As one learns how to understand the visions of their future events they can start to see where the diverging paths they will be faced with and be able to discern which choice might work out best for them at that stage and time of their lives.

Physically Prophecy stone can be used to support any treatments towards energetic healing. They are magnetically susceptible and may be used to support and stabilize treatments that are integrated into the physical body. Working with this mineral might help one to release the toxins absorbed during chemotherapy.

Paraphrased from “THE BOOK OF STONES – Who They Are and What They Teach by Robert Simmons and Naisha Ahsian. With personal add-ins and details by me (Ave).



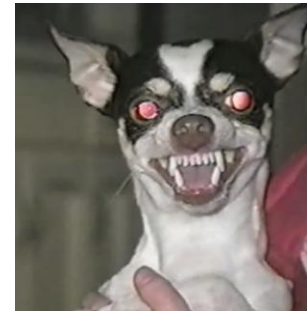
## TEA OF OFFBEAT BLENDS

By Gail Fulkerson



It came in the mail on a Thursday afternoon, wrapped in brown paper and cancelled stamps. It was the tea Ophelia ordered, the blended stuff with names like 'fuck off, leave me alone, I'm drinking tea; ho ho holy sh\*t; and calm the f down. 'As shocking as the names were, the tea was excellent. Her favorite blend was the ho ho holy sh\*t, with notes of peppermint, stevia, and sweet vanilla. It mixed well with the blood powder in her cup. Roscoe hated the blended stuff, preferring the original mixture of black tea and blood powder.

Ophelia went down to the basement to retrieve six bottles of blood and brought them up to the kitchen. She put five of them in the fridge and left one on the counter to come to room temperature, for their breakfast before going out to prowl the streets of Saskatoon.



Roscoe waited at the front door for his mistress to layer on her coat, scarf, hat, boots, and gloves, before snapping on his leash. The two of them stepped onto the front porch, closing and locking the door behind them, then turned left towards the rail yard to throttle some rats before going for the big prize - a human.

It didn't take long for the pair to snatch up a dozen rats, snap their necks and then drink their blood. The blood was decent enough, comfortably warming and filling a few small corners in their stomachs. Now they were off for the main prize of a corpulent man or woman to round out the evening's hunt.

They didn't have long to wait, for a rotund woman was gingerly making her way down the icy sidewalk towards them. Ophelia watched as the woman slipped, then righted herself as she carried on towards her home. The next slip put the woman on her back. As she gained

her footing, Ophelia jumped on her and bit deeply into the woman's neck, drawing blood. It tasted coppery, like bright, shiny pennies. It had been some time since she'd tasted pure, unadulterated blood, so she slowly savored the sanguine drink. The woman died there on the sidewalk in front of her house as Ophelia pulled blood bags from her coat and filled five of them before the woman ran dry. Roscoe was at the woman's ankles, lapping blood from a wound he'd torn open.

The killers walked into the dark streets with the blood bags, heading home. It had been some time since they walked home from a kill, and the cold air was refreshing. Arriving home, Ophelia unlocked the front door and entered the dark house, turning on the living room light. She headed for the basement to decant the blood bags into clean mason jars, then up to the kitchen to put the kettle on for blood tea.

Roscoe had stepped out of his hunting harness and was waiting, somewhat impatiently, for his bowl of black tea and blood powder. His paws were cold, like little ice cubes, and he lay on them in a vain attempt to warm them even a little.

Ophelia poured the boiled water over their blood tea and allowed it to steep for a few minutes, then poured some cold water into Roscoe's bowl so he wouldn't burn his mouth and walked into the living room with their drinks. She then took the heated blanket off the back of her comfy chair, turned the dial to its highest setting, and wrapped herself and Roscoe in it, tucking in all the edges to keep the cold air out.

After tea and warming up under the blanket, Roscoe's feet still felt like little blocks of ice, so Ophelia took him upstairs to warm his paws in a hot bath. That did the trick: his paws were nice and toasty after the soak.

"Want to go back to the living room for another cuppa tea, or would you rather go to bed?" queried Ophelia. Roscoe was always up for blood tea, so he stated his preference and down to the kitchen they went to brew another cup before bedtime. He licked his bowl clean repeatedly, waiting for Ophelia to finish her tea.

“How about we float upstairs to bed, little man?” asked Ophelia. Roscoe nodded in agreement and then floated up the stairs to the coffin bed, where he found his spot and snuggled in. Ophelia got in and locked the coffin bed lid, then settled in for a full day of sleep as the sun broke the horizon.

## Mudras

Taken from *Mudras: Yoga in your HANDS* by Gertrud Hirschi



Vajra Mudra (Gesture of the fiery thunderbolt)

Press your thumb onto the side of the middle fingernail, the ring finger on the other side of your middle fingernail, and the little finger at the side of your ring fingernail.

Extend your index finger. Do this with each hand. Do as needed, or three times a day for 5 minutes.

Relief may also be achieved by massaging the nose root, forehead center, back of the head, and neck nape with the middle finger.

Circulation may be weakened when blood pressure is too low, or there is a weakness in the earth element, which is associated with the energy of the stomach, spleen, and pancreas, or a weak heart. A lack of drive, listlessness, and dizziness are the consequences.

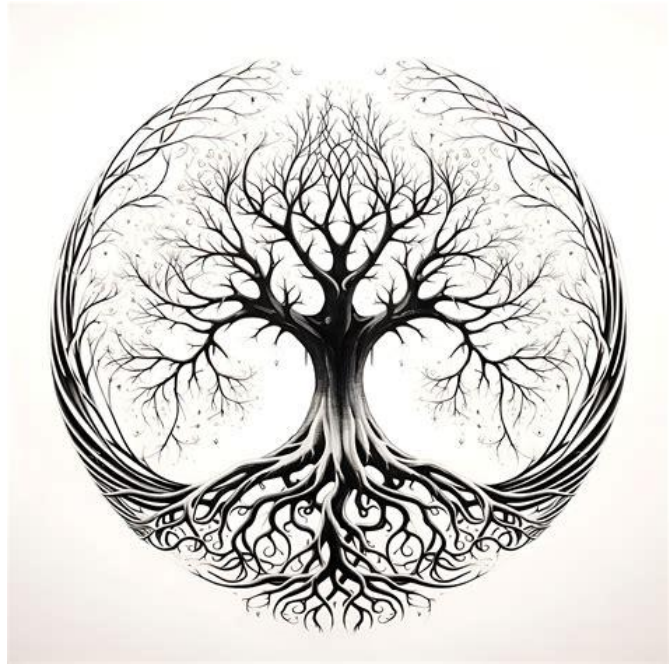
With the Vajra Mudra, you can stimulate circulation. The back bends and side bends of yoga also activate these respective energies. Walking at a brisk pace, listening to lively or exciting music can also give you new drive. In addition, pouring very warm or cold water onto your wrists can also help. **Caution:** A lack of drive can come from extreme physical or mental-emotional fatigue: rest and recuperation are then necessary. Do not use any type of stimulant in this case!

**Meditation:** Imagine a fiery, glowing ball in your pelvis. With every inhalation, then fireball climbs up your spinal column, to your heart, through the throat, and up into your skull. The ball heats your body and your vitality; it warms your heart and illuminates your mind.

**Affirmation:** *I enjoy this present day with joy in my heart.*

## ROOTS OF CONFUSION ~ Reclaiming the True Meaning of Yggdrasil

Symbols are not interchangeable ornaments we can casually rearrange to suit modern taste. They are vessels of memory, rooted in specific lands, languages, and lineages. I find it deeply concerning when people collapse distinct traditions into a single category, as if every sacred tree must mean the same thing. Perhaps it is done for convenience, or perhaps to make the unfamiliar more comfortable. But when we blur the boundaries between symbols like Yggdrasil and the so-called Tree of Life, we do more than simplify ... we erase context. I am a traditionalist; I value the old ways as they were carried, without layering them in modern labels that flatten their depth. Respecting a tradition means allowing it to remain distinct. Once we begin blending beliefs without care, the symbol may survive in appearance, but its meaning ...and its integrity ...quietly fades.



To begin with, Yggdrasil is a **World Tree**, while what is commonly called the Tree of Life serves a very different role and carries a very different origin depending on the tradition using it. Yggdrasil is not a vague emblem of “life” or general spirituality. It is the structural pillar of the Norse cosmology ... the framework that connects the Nine Worlds and sustains the order of existence. It belongs specifically to the religious worldview of the Norse people and is inseparable from their gods and sacred narratives.

Yggdrasil is directly connected to Odin, the All father. According to the sacred accounts preserved in the Norse tradition, Odin hung upon Yggdrasil for nine nights, pierced by his spear, sacrificing himself to himself in pursuit of wisdom. Through this ordeal he gained the knowledge of the runes ... not merely an alphabet, but sacred symbols of power, fate, protection, and sacred order. This act was not symbolic poetry; within the tradition it is a holy account of sacrifice, initiation, and revelation. Yggdrasil therefore represents structure, endurance, sacrifice, wisdom earned through suffering, and the interconnected fate of all beings within that cosmology.

The World Tree is also tended and influenced by specific beings within that tradition ... including the Norns who shape fate at its roots. Every aspect of Yggdrasil is woven into the spiritual fabric of the Norse gods and their relationship to the worlds they govern. It is culturally and theologically grounded.

What is widely referred to today as the “Tree of Life,” especially in modern spiritual contexts, is typically presented as a universal symbol of interconnectedness, personal

growth, balance, and harmony. In many contemporary uses ... particularly within New Age spirituality — it has been abstracted from any single cultural or religious foundation and reshaped into a broad emblem meant to represent life energy or unity across belief systems. While various ancient cultures have their own distinct “Tree of Life” symbols, the modern popular version is often generalized and detached from a specific cosmology. This is the key distinction: Yggdrasil is a **World Tree within a defined Norse religious structure**, inseparable from the gods, the runes, and the sacred accounts of that tradition. The commonly used modern Tree of Life is usually a **universalized spiritual symbol** representing life and connection in a broad sense.

Respect requires clarity. By combining these two concepts under a single designation, Yggdrasil is extracted from its traditional context and re-examined through an interpretive framework that is not inherently its own. Preserving distinctions is not about exclusion ... it is about honoring the integrity, depth, and sovereignty of each tradition on its own terms. This is also why I do not refer to my webbed craft as “Dream Catchers.” They are **Nordic Webs**.

Traditionally, dream catchers were hung above children’s sleeping spaces as a form of protection. In the Ojibwe tradition, the web catches harmful dreams, dissolving them in the morning light, while good dreams pass through to the sleeper. Each was handmade with care, prayer, and intention, carrying meaning far beyond decoration.

My Nordic Webs follow a similar spirit of intention but from a Northern Scandinavian framework. They connect to the Norse gods and goddesses and feature bind runes chanted into driftwood to awaken their presence. The purpose, however, is set by the person who brings the web into their home... for protection, clarity, strength, or blessing. I craft the vessel; the buyer gives it life and direction.

Sacred objects deserve respect and clarity. Just as dream catchers belong to the Ojibwe, Nordic Webs belong to their Northern roots ...honored for what they are, never confused for something they are not.

If we truly support diversity, then traditions must remain in their cultural form and where they originated from. In a world where the information can get very distorted, we must take responsibility and show the respect for traditions. It doesn’t matter who wields the power of the tradition if we are authentic and hold the integrity of its power.

If we truly support diversity, we must allow each tradition to remain rooted in its original cultural context. Symbols like Yggdrasil, the Tree of Life, and dream catchers carry meaning that is inseparable from the people and teachings that created them. In a world where information spreads quickly and can easily be distorted, it is our responsibility to honor these traditions with clarity and care. It is not about who wields the symbol, but about approaching it with authenticity, respect, and integrity. When we do this, we preserve not only the



beauty of the object itself but also the wisdom and power it has carried across generations. True respect for diversity means celebrating each tradition for what it is, without blending, simplifying, or diluting its essence.

I offer custom made Nordic Webs and imbue the energy you require into each craft. If you are interested in a custom-made Nordic Web, contact me directly, schedule a 30-minute session. All requests for custom-made crafts require a 50% deposit before the session.

Sharon Whitethunder  
Sacred Source Medicine  
[Whitethunder000@yahoo.com](mailto:Whitethunder000@yahoo.com)

## **THE TOWER**

**By Ave Riddler**

Sometimes the evil queen  
Is ourselves.  
Building a tower of isolation  
Each brick  
A betrayal  
A hurtful word.  
Surely, it's safer  
To be locked away,  
Watching the world though  
That tower window.  
To see, hear and long for more,  
Yet trapped  
Imprisoned.  
Behind bricks of doubt  
Of mistrust  
Of insecurity.  
Surely no one will notice  
The longing,  
The loneliness,  
Of the prisoner trapped within the tower  
She herself built.

## **Silver Years**

**I see people my age mountain climbing.  
I feel good just getting my leg through my underwear without losing my balance.**

## From Llewellyn's Witchy Calendar 2026



### April

Historically, Witches were said to have familiars such as toads, snakes, or cats. Not only were these familiars supposed to report the Witch's actions back to the devil, but they also aided the Witch in her magic. While the superstitions around familiars and their connection with the devil have faded, they are still connected to Witchcraft and magic today. Many Witches have familiars – animals that in one way or another aid the Witch in their spellcasting. The familiar shouldn't be confused with a pet. Pets are companions, to be sure, but they don't have anything to do with Witchcraft and magic.

How do you decide if your animal companion is a pet or a familiar? There are some signs you can pay attention to. Does your animal seem interested when you are working a spell or engaged in ritual? Do they hang around your altar, not making a mess of things but just relaxing? Do you feel their energy as part of your spellcasting? If so, your pet

may be helping you when you work your magic. You can also turn to divination, such as a pendulum, to work out if your pet is also your familiar.

If you think your pet might also be a familiar, you want to treat them the same way you do yourself: energetically cleanse them regularly and thank them for their contributions. Other than helping when spellcasting, your familiar can contribute to your magical practice in other ways. They might alert you to changes in energies in your home and to spirits, and they may even perform some divination work. Pay attention to your familiar, looking for any odd behaviors to alert you to when something is out of the ordinary. You might also want to perform a blessing spell not only to dedicate your pet as a familiar but also to protect them magically.

### Familiar Blessing Spell

With this spell, you will be blessing your familiar and indicating to the universe that they are your companion in magic. There is no special timing for the spell, so do it whenever it feels most appropriate to you.

### **You will need:**

Moon water (i.e., water that has been charged beneath a Full Moon).

Quartz crystal

Rosemary incense

Dip the fingers of your dominant hand into the water and sprinkle a little on your familiar.

Say,

*By the moon and water, I bless you.*

Touch the quartz crystal to the top of your familiar's head. Say,

*By the earth, I bless you.*

Light the incense and waft it around your familiar. Be careful not to touch them with the incense or to have the smoke blow into their face. Say,

*By fire and air, I bless you.*

Place your dominant hand on your familiar's head and say,

*Blessed you be, familiar to me.*

Send out an intention to the universe that this animal is your familiar and aids you in your magical workings.

**-Rachel Henderson**



## **Marina's Divination Station**

**By Marina Evans**

Hello one and all and welcome back to the Divination Station!

With April underway and the seasons showing signs of giving way to spring, we once again are invigorated by the coming warmth. There is a surefire promise of spring, and it sets us all ablaze in one way or another. The urge to spring clean may enter the blood. Clearing dust from the house and reopening windows for fresh air. If you have a garden, the urge to begin spring cleanup in preparation for planting can really make it hard to leave things alone. We are looking forward to spending time outdoors once more, engaging in physical activity and fulfilling the commitments established during the colder months.

Transformation is a tangible thing this time of year and there are so many changes in the air and in ourselves. Transformation can be intimidating and overwhelming when we lay it all on ourselves at once, but there are many ways to allow a gentle nudge for change without pushing ourselves into exhaustion. This month's deck is a wonderful example of taking the road less traveled and using more grace to achieve what we want for ourselves.

## **THE MYSTIQUE OF MAGDALENE by Cheryl Yambrach Rose**

This deck caught my eye as it features Mary Magdalene, one of the most interesting, if not misunderstood, people of religious interest. The cards themselves share beautiful artwork, touching on several different aspects of her work and story that make it an interesting deck to just explore before doing any reading at all. The card stock is quite thick with a matte finish, and while the guide book is smaller, it gives you everything you need to use the cards and leaves a good amount of room for your own personal thoughts on interpretation about what the card might mean in your own life or the life of whomever you are reading for. If you have any interest in learning more about Mary Magdalene, this is a good starting point, and I think it will pique your interest enough to keep you looking.



### *The Drawing of the Card*

#### **20. The Anointing (Transformation)**

With the drawing of this card, it shares a story of how when Mary Magdalene anointed Jeshua with fragrant holy oil he was forever changed and afterwards she destroyed the vessel for the oil as a part of this ritual so the oil could be used for no other purpose, keeping the sanctity of the act and the oil intact. Transformation took place for him at that moment and every movement within the ritual made it a sacred act. I mentioned before that transformation can happen in so many ways, inside and out. There is something to be said about making your movements sacred. Sometimes we get so lost in the mundane of things we lose sight of why we do things. With the transformative time of year upon us, we can create great change by just adding our focus and energy into the things we are doing. Make it a ritual for your change. Make it a sacred act and give that act a part of yourself. It doesn't have to be big or lively; it can be modest and peaceful, if you put your heart into it and incorporate it into your daily life.

The mistake we often make when we yearn for transformation is that we dive into everything at once. No single action is sufficient or significant enough, so we strive to undertake multiple initiatives to make meaningful progress efficiently. What tends to happen (at least this is true for me) is we become overwhelmed and burnt out. We set unrealistic expectations and then fault ourselves when we can't meet them. This is unfair to us and to the future we want to create. Every act can change the world no matter how small, so long as we put ourselves fully into that one act. Whatever it is your aiming for,

whatever transformation you wish to see in your life, give yourself grace. Work with where you are right now and build a base of stone so your castle will stand strong. One deliberate step at a time will bring you so much farther than trying to run in the sand. You can change your whole world by just giving yourself a chance to stand up first.

If you liked this, feel free to follow me on Instagram @29crows to check out more decks and let me know if there are any other decks you'd like to see!

Until then, Breathe.

For the Love of it,

Marina

## Tidbits and Tickers:

Definition of Nurse: The first person you see after saying, "Watch this!"

### From [A Guide for the Advanced Soul](#), by Susan Hayward

Be like a very small joyous child living gloriously in the ever-present Now, without a single worry or concern about even the next moment of time.

**-Eileen Caddy: The Dawn of change.**

## Reflections from the Shaman's Hut

By Trent Deerhorn



### Am I a Believer?

People have often asked me if I believe in Jesus, or Buddha, or whatever? This has always been a challenge to answer because, frankly, I am not a "believer" as much as I am an "experiencer."

So, what does that mean? Well, let me attempt an explanation. Even though I don't tend to explain myself to anyone, this comes up so often that I decided to at least address it.

I experience a lot of things when it comes to Spirit. I have had communication with nature spirits, spirit guides, spirit animals, some of the old gods and goddesses, fairies, gnomes, elves and so on. I have often communicated with the plant kingdom and with the mineral

kingdom. Having said all that, I must admit that I have never encountered anything like Jesus or Buddha or Allah, etc. It is not that I don't believe that others feel/think that they have. I simply have not experienced that. This is why I don't "believe" in any of that, even if I agree with many of the teachings. What I have experienced in terms of communication I know to be real. I have experienced it firsthand. But I cannot just buy into something because someone else, who may or may not have experienced it firsthand, thinks that I should. This Shaman is not open to being evangelized. If at some point someone like Jesus or whomever walks up to me, shakes my hand and introduces himself, then sure, I will accept that. I feel that if all those other spirits can introduce themselves to me, then why not some deity? But so far there has been nothing but the sound of crickets chirping when it comes to those deities. My experiences are mine and I don't expect anyone else to just take my word for something when they have not, themselves, experienced it. What my experiences have taught me is that there are far more intelligences all around us than just the ones that some people try to limit themselves to or flatly refuse to accept may be real.



The interesting thing, I find, is that science is beginning to catch up with the intelligence of Nature. Sensors and other tools are being developed to read the vibrational communication that takes place between trees, for example. If that can happen, then how long will it be before science finally finds a way to communicate with Earth, Herself?

**For more articles by Trent, check out his blog at [www.deerhornshamanic.com](http://www.deerhornshamanic.com).**

## According to the Farmer's Almanac 2026:



### Welcome Wildlife

Named for its fragrant leaves and stems, spicebush is a deciduous shrub in the laurel family. Yellow-green flowers bloom along the branches in spring before the foliage appears, attracting pollinators galore. Summer brings vibrant red fruit on female specimens. The berries are a favorite of many birds and offer feasting from July through October. Birds aren't the only fans, as the shrub is also the host plant for spicebush swallowtail, Eastern tiger swallowtail, and several other

species of butterflies and moths. The leaves give off a spicy scent when crushed and are often used to make tea.

**April 1<sup>st</sup>: Full Pink Moon/Passover begins at sundown.**



**April 5<sup>th</sup>: Easter**



**April 17<sup>th</sup>: New Moon**

Discourage fleas from pestering your dog by rubbing fresh basil, mint, or tansy leaves on its coat.



**April 22<sup>nd</sup>: Earth Day**



## April 24<sup>th</sup>: National Arbor Day



### Ask the Shaman: With Trent Deerhorn

Q: Is it safe to communicate with ghosts?

A: Well, this depends upon the ghost. Some are completely benign; some are more malignant. The trick is to not allow fear to rule your responses. The malignant ones will feed on the energy of your fear. That is why they will attempt to scare you, thus amping up the energetic food that they can get from your energy system. Stay calm, stay neutral. Don't allow yourself to get caught up in their drama. The thing is, though, that all ghosts need to be crossed over. Do not think that it is "cool" to live in a haunted house. You will be inadvertently trapping them, keeping earth-bound. Over time the benign ones will finally have enough of the imprisonment you have put them in, and they will rebel in ways that can best be described as biblical in nature. So, get them crossed over and do NOT entrap them.

## Forum

### We like your feedback! Of the previous issue:

**Richard Wrote:** The Baobhan Sith sound terrifying. I hope I never encounter one.

**Megan Wrote:** Canada is such a vast country. Thank you for the This is Canada segment. Many of the featured places are now on my travel bucket list.

**Sharon Wrote:** Alecia, congratulations on leaving your job and starting your career.

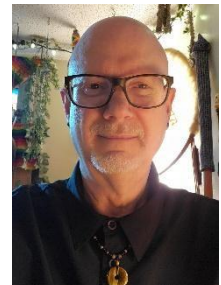
**Isabelle Wrote:** The Druid Animal Oracle looks amazing. I will have to get a deck for myself.

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